

### Bed Bug Clothes and Bedding Laundering Guidelines

Treatment Method	Temperature & Duration	Control Level
Washing Machine (7 lbs. Of laundry)	Cool(86°F) - 30 minutes	Does not kill egg stages
	*Hot(140°F) - 30 minutes	Kills all life stages
Tumble Dry (7 lbs. Of laundry)	Cool dry - 30 minutes	Does not kill all stages
	*Hot dry(104-113°F) - 30 minutes	Kills all stages
Cold Soak (7 lbs. Of laundry)	Cold water - 30 minutes	Kills adults and nymphs only
	Hot water - 30 minutes	Kills adults and nymphs only
*Dry cleaning		Kills all life stages
Freezing	2 hours at 62.6°F (amount of time for clothes to reach 62.6°F then 2 hours)	Kills all life stages

\*- recommended by Gecko as the best laundering practices (required in a multi-unit housing treatment program).